

# Best Practices for Supporting Students with Learning Disabilities in Vocational Education



### Best Practices for Supporting Students with Learning Disabilities in Vocational Education



#### Understanding Learning Disabilities

- Learning disabilities are common, individual challenges, not a reflection of intelligence.
- With appropriate support, students can succeed in vocational education.

#### Purpose of the Presentation

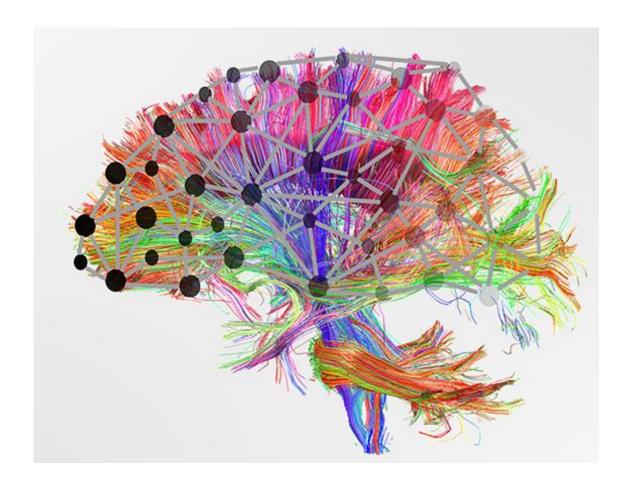
- Explore types of learning disabilities, their impact, and best practices for supporting students in vocational education.
- Focus on inclusive learning environments and effective teaching strategies.





#### Introduction Part

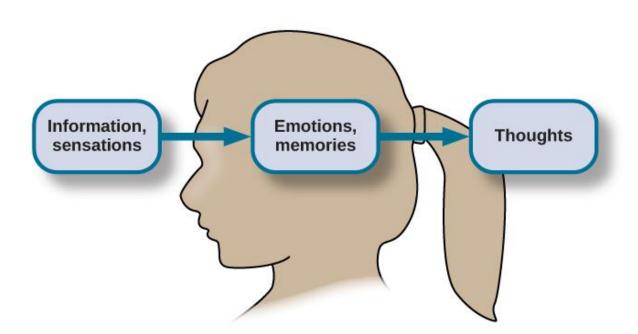
- Learning difficulties are complex and vary among students.
- They stem from how the brain processes information, not from a lack of intelligence.
- These challenges may slow progress, but students can have significant potential.
- This presentation discusses types of learning difficulties, their impact, and inclusive practices in vocational education.





#### What Is a Learning Difficulty? Part 1

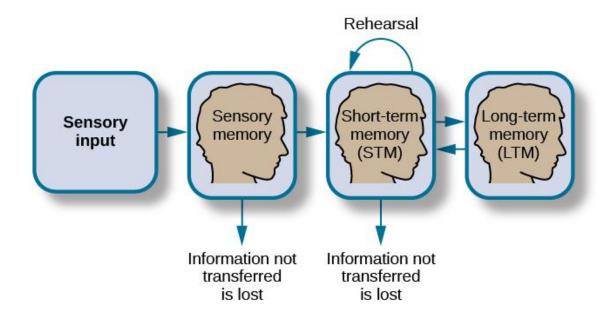
- Learning difficulties involve challenges in processing, memory, reading, or writing.
- They reflect individual differences in brain function, not intelligence.
- Example: A student may grasp verbal instructions but struggle with written text.





#### **Examples of Learning Difficulties** Part 1

- Dyslexia: Challenges in reading and writing, supported by tools and strategies.
- ADHD: Issues with focus and task management, aided by time limits and visual notes.
- Spatial Processing: Difficulties with space, time, and patterns, requiring clear instructions.
- Memory: Problems recalling information, supported by notes and visual aids.



### Prevalence of Learning Difficulties in Vocational Education Part 1



- Learning difficulties affect 10–20% of vocational students.
- Vocational education's practical approach suits many learners.
- Tailored support is crucial to meet individual needs.





#### Goal of Inclusive and Equal Learning Part 1

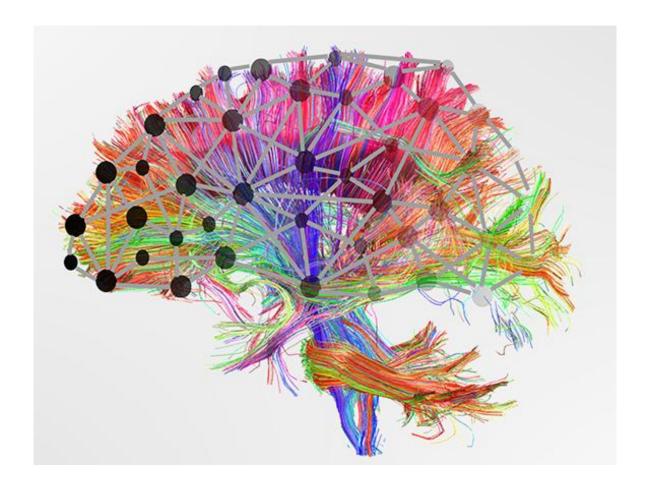
- Inclusive learning provides opportunities for all students to learn and grow, regardless of challenges.
- Environments and teaching methods are adapted to individual needs.
- The goal is to support well-being and help students discover their strengths.





#### Impact of Learning Difficulties Part 1

- Learning difficulties can impact selfesteem, motivation, and resilience.
- Without support, students may feel frustrated and excluded.
- Proper support helps build confidence and leads to success in studies and careers.





### Pedagogical Methods for Supporting Learning Disabilities Part 2



- Supporting students with learning disabilities requires diverse methods.
- The aim is to foster learning and success from their starting points.
- Differentiation and personalization address individual needs and strengths.



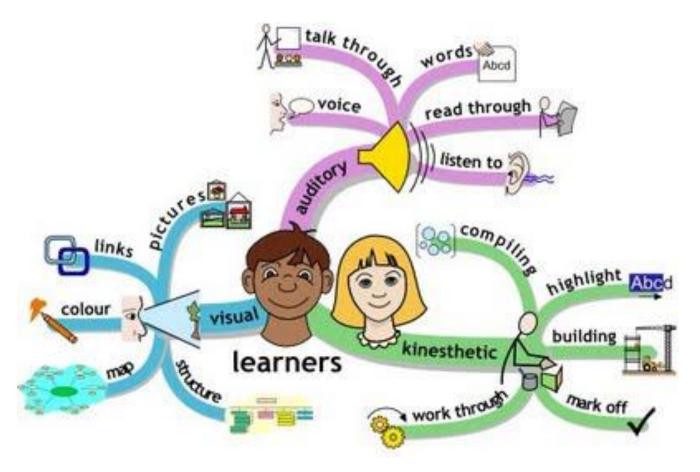
#### Differentiation and Personalization – Pace and Content Part 2



- Pace: Students progress at their own speed; extra time and step-by-step tasks support the learning process.
- Content: Teaching content is adapted to students' abilities and interests, fostering motivation and supporting learning.



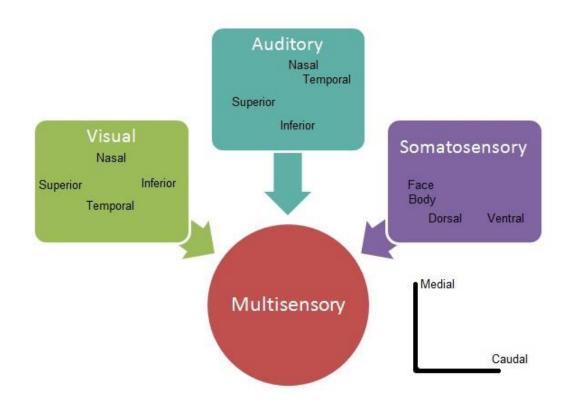
#### Tasks and Multisensory Learning Part 2



- Tasks: Alternative tasks, like oral presentations, can reduce cognitive load.
- Multisensory learning: Support learning with visual, auditory, and kinesthetic methods (charts, audio recordings, handson activities).



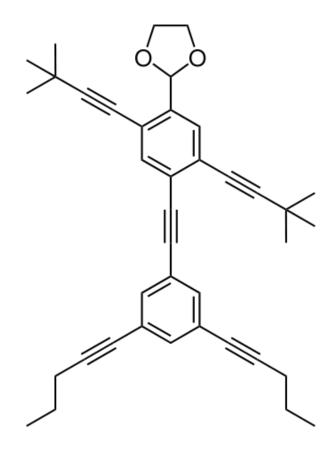
#### Visual Methods, Auditory Support, and Movement Part 2



- Visual methods: Charts, mind maps, and color-coded notes enhance learning.
- Auditory support: Listening materials help students who struggle with reading.
- Movement: Practical exercises and movement-based tasks improve memory and learning.



#### Importance of Structure and Clarity Part 2



- A clear and predictable learning environment improves focus and creates a sense of security.
- Predictable structures: Regular weekly schedules and timetables.
- Step-by-step teaching: Breaking down lessons into manageable parts.
- Clear instructions: Clear and precise guidance supports learning.



#### Feedback and Reinforcement Part 2



- Positive and constructive feedback supports motivation and confidence.
- Recognizing strengths: Teachers should highlight students' strengths.
- Regular feedback: Helps students track progress and improve their performance.



#### Collaborative Learning and Peer Support Part 2



- **Group work:** Reduces stress and promotes a sense of community.
- **Peer support:** Students learn from and support each other, boosting self-confidence.



#### Mindfulness and Emotional Skills Part 2



- Stress management techniques:
  Breathing exercises and mindfulness help manage stress.
- Self-compassion: Helps students accept their challenges and find solutions to difficulties.



### Introduction to Choosing and Adapting Learning Materials Part 3

- Choosing suitable materials is crucial for students with learning difficulties.
- Materials should support strengths and address challenges.
- Simplified and easy-to-read resources help students succeed.





#### Simplified and Easy-to-Read Materials Parts

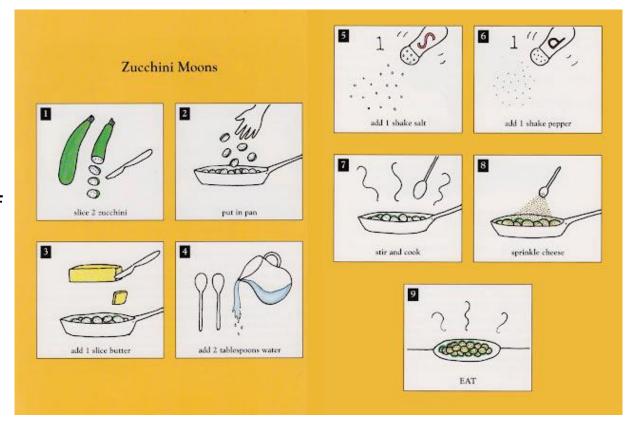
- Simplified materials: Simplified and easily understandable information supports learning and strengthens comprehension.
- Easy-to-read textbooks: Using short sentences, clear vocabulary, and examples improves understanding.
- **Instructions:** Written instructions can be simplified and presented step-by-step to help students follow them easily.





#### Visual Support Materials and Practical Applications Parts

- Visual support materials: Pictorial instructions, color codes, charts, and tables help students visualize and remember information.
- Color codes: Colors clarify the meaning of texts and diagrams, making it easier to identify connections and hierarchies.
- Charts and tables: Visual tools aid in understanding complex concepts and provide clarity.





#### Digital Tools and Applications Part 3

- Digital tools like Seppo.io, Quizlet, and Kahoot gamify learning and enhance engagement.
- Speech recognition aids students with writing difficulties.
- Platforms like Moodle enable personalized materials for diverse needs.





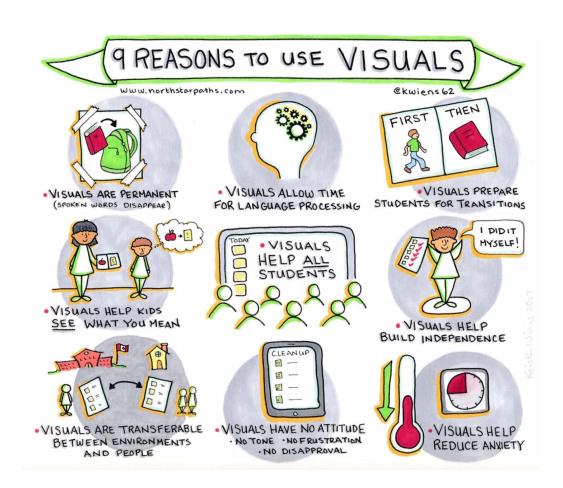
#### Illustrative Materials Part 4



- Illustrative Materials: In vocational education, practical materials are essential for linking theory with hands-on skills, making learning easier.
- Tools and Samples: Tools, prototypes, and samples help students connect theoretical knowledge with practical skills, especially in fields like crafts, machinery, and service jobs.
- Trial Materials: Handling, using, and testing materials during lessons allows students to see how theory connects to practice.



### Customized Learning: Adapting Materials to Students' Needs Part 4



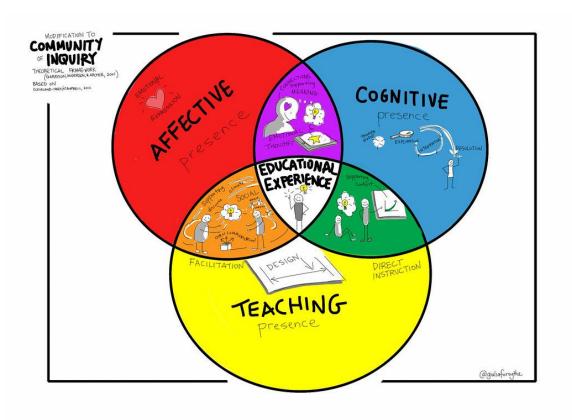
Adapting learning materials to students' individual needs ensures effective support and helps overcome challenges.

Adapted tasks based on students' strengths, such as visual tasks for visual learners, enhance understanding and engagement.

**Combination materials** (text, sound, images) cater to different learning styles and effectively meet students' needs.



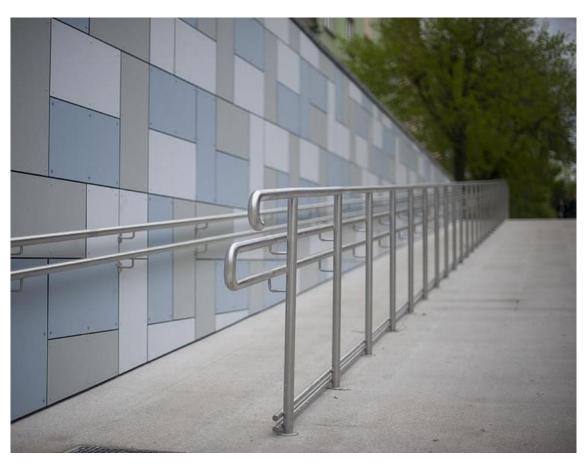
### Motivation, Interactivity, and Accessibility in Learning Materials Part 4



- Motivation and Accessibility: Learning materials should be motivating, easy to use, and accessible to support progress.
- Interactivity: Digital tools make learning active and rewarding, providing opportunities for engagement and immediate feedback.
- Accessibility: Materials must be accessible to all, including those with impairments, using features like subtitles and audio files..



#### Calm and Accessible Spaces Part 4



- Well-designed environments lay the foundation for effective learning.
- Students with attention difficulties benefit from calm, distraction-free spaces.
- Minimizing distractions with soundproofing, lighting, and spatial solutions helps focus and reduce fatigue.
- Ergonomic furniture supports physical well-being and endurance.



#### Creating Inclusive and Flexible Learning Environments Part 4



- Accessibility: The learning environment should be physically and mentally accessible, with clear materials and easy access for students with mobility issues.
- Flexible Learning Environments:
   Flexible spaces cater to different learning styles and student needs.
- Alternative Learning Methods: Online, hybrid, and work-based learning offer flexibility, enabling independent study and time management.



## Supporting Learning with Technology and Customizable Spaces Part 4



**Changeable Spaces:** Flexible spaces let students choose the ideal learning environment.

**Using Technology:** Technology supports both individual and group learning.

**Digital Platforms:** Platforms like Moodle and Teams offer flexible ways to share materials, communicate, and submit assignments.

**Customizable Tools:** Digital tools can be tailored to students' needs, such as text magnifiers or speech synthesizers for those with vision or reading challenges.



### Flexible Learning Environments and Alternative Methods Part 4



**Community Support:** A strong sense of community motivates students and enhances learning.

**Group Work Spaces:** Spaces for group work improve collaboration and social skills.

**Peer Support:** Shared spaces allow students to help each other, fostering a sense of community.

Ongoing Evaluation: Learning environments should be regularly assessed and updated to meet students' evolving needs.



#### Continuous Improvement of Learning Environments Part 4



Ongoing Evaluation of Spaces: Regular evaluation is essential to improve learning environments and meet students' evolving needs.

**Feedback Collection:** Gathering feedback from students and staff helps identify areas for improvement and enhance learning experiences.

**Experimenting with New Ideas:** Testing new learning solutions and technologies promotes experimentation, making learning more effective and adaptable.



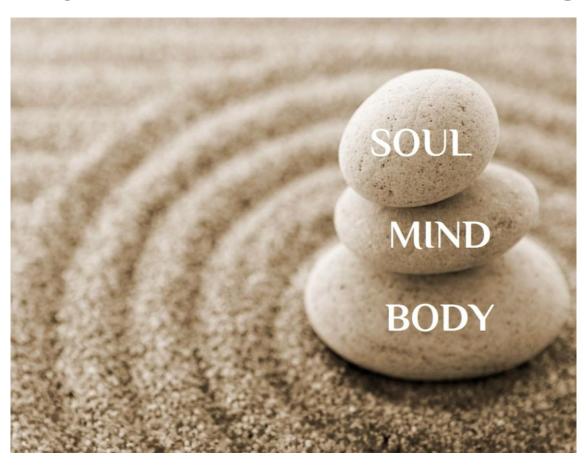
#### Community and Peer Support Part 4



- Spaces for group work: Encourage students' collaboration skills and social learning.
- Peer support: Shared spaces promote the exchange of experiences and foster a sense of community.
- Such environments enhance self-esteem and student well-being.



#### **Key Elements of Effective Learning Environments** Part 4



#### **Conclusion:**

- Learning environments include physical, digital, and community aspects.
- Quiet spaces, flexibility, technology, a sense of community, and continuous improvement all help improve students' learning and well-being.



# The Role of Teachers and Counselors in Supporting Learning Difficulties Part 5

- Learning difficulties pose challenges, but teachers and counselors are crucial in planning and providing support.
- An empathetic attitude, ongoing interaction, and professional development are essential.
- The following explores four key areas that help support students.







#### 1. An Empathetic and Student-Centered Approach Part 5

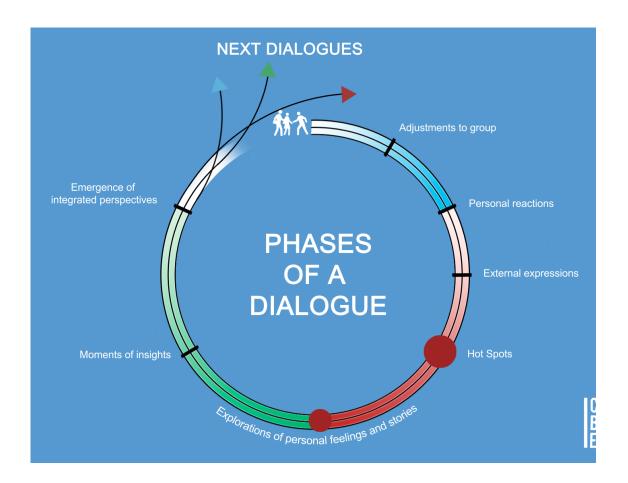
- Teachers and counselors should connect with students as individuals and build trusting relationships.
- An empathetic attitude helps students feel valued and understood.
- Recognizing individual strengths, like motivation and self-confidence, strengthens students' belief in their abilities.





#### 2. Continuous Dialogue Part 5

- Open communication is key in support measures, with teachers and counselors linking students, guardians, and professionals.
- Collaboration ensures consistent support and responsiveness to student needs.
- Regular meetings and updated plans improve students' chances of success...





#### 3. Developing Professional Competence Part 5

- Supporting students with learning difficulties requires continuous professional development for teachers and counselors.
- Training in special education and positive psychology offers valuable tools and approaches.
- Peer support and mentoring help enhance professional skills.





#### 4. Sharing Best Practices Part 5

- Collegial collaboration and sharing best practices are essential for improving operations.
- Teachers can share experiences and develop common models to support students with learning difficulties.
- An empathetic attitude, continuous interaction, and professional development are key to supporting students and fostering success.





#### **Examples of Best Practices** Part 6



- Developing support measures and innovative solutions is essential to meet students' individual needs.
- Next we highlights best practices that can inspire educational institutions.



#### 1. Setting Realistic Goals and Progressing Step by Step Part 6



- Example of a student on the autism spectrum in vocational education.
- Goals were concrete and achievable, divided into small sub-goals to visualize progress and boost motivation.
- Regular evaluation discussions supported progress tracking and allowed for necessary adjustments.



#### 2. Innovative Solutions: Utilizing VR Technology Part of the Part



- Virtual reality (VR) enables students to explore workplace scenarios without prior experience in the technology.
- VR particularly supports students on the autism spectrum in practicing social skills in a safe environment.
- Technology lowers participation barriers and offers new learning environments.



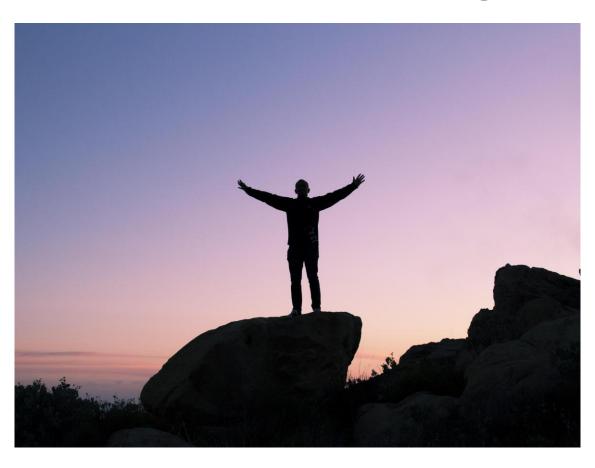
#### 3. Small Group Instruction and Support Teaching Part 6



- Small group instruction provides individualized support and allows for more personalized guidance.
- Students can progress at their own pace and have more time to understand the material.
- Small group settings enable a better focus on students' strengths and learning styles.



#### 4. Student-Centered Teaching and Self-Assessment Part 6



- A student-centered approach where students set their own learning goals and evaluate their progress.
- Self-assessment and reflection exercises help students identify areas for development.
- This approach fosters students' confidence and independence.



#### 5. Mentoring and Peer Support Part 6



- Mentoring and peer support offer additional guidance in the learning process.
- Experienced students or teachers help younger students develop academic and social skills.
- Peer support fosters a sense of community and allows sharing experiences in challenging situations.



#### **Summary of Best Practices Part 6**



- Best practices provide tailored and effective support for students with learning difficulties.
- Support measures and innovative solutions create environments that promote student success and well-being.
- The role of teachers and counselors is multifaceted, requiring ongoing interaction and professional development.



# Recommendations and tops for Supporting Students with Learning Challenges Part 7

- Learning difficulties can affect many students at different stages of life.
- Providing support is a central task in the teaching and guidance process.
- Pedagogy, materials, and learning environments play a critical role in addressing learning difficulties.
- Effective learning is built on structured content delivered appropriately to students.





#### Key Considerations for Choices Part 7

- Pedagogical choices must be versatile and flexible to meet students' learning needs.
- Visual and auditory materials assist students who struggle with reading or writing.
- The learning environment should be diverse and cater to individual needs.
- Tailored approaches ensure genuine engagement and progress for students.



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#### Development Proposals – Teacher Training Part

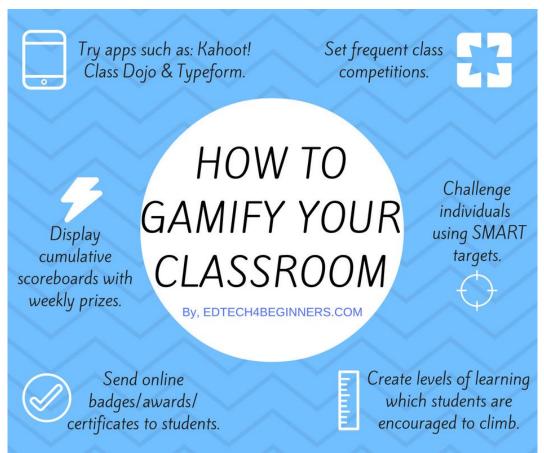
- Teachers should receive adequate training in differentiation and individualization.
- Training programs and resources focused on addressing learning difficulties are essential.
- Proper knowledge and skills enhance student learning and strengthen teachers' tools and methods.





## **Development Proposals – Digital Learning Environments Part 7**

- Digital learning is becoming increasingly important in education.
- Applications, gamified elements, and interactive tools support students with learning difficulties.
- Individualized learning paths and real-time feedback offer more flexible support for students' learning processes.





#### Closing Remarks Part 7

- Every student deserves the chance to succeed based on their unique starting points.
- With the right support, learning difficulties become opportunities to adapt the learning process to students' needs.
- Tools for teachers and flexible environments help students find their path to success.



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### Thank You!

#### Elina Johansson

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### "HOMEWORK" 21<sup>st</sup> of January 2025: Information Campaigns and Raising Awareness



 Create an informational campaign that explains learning difficulties and their impact on studying.

How could you raise awareness about learning difficulties within the vocational education community?

- Format: Text, PowerPoint, poster, infographic, or photo presentation/journal
- You can complete the task, for example, in pairs or groups. The task will be presented in Tanzania.

#### **Topics of the presentation**



- Introduction to learning disabilities and support in vocational education
- **Diversity and impact** of learning disabilities on students
- Types of learning disabilities (e.g., dyslexia, ADHD)
- Prevalence of learning disabilities in vocational education
- Goal of inclusive and equal learning
- Teaching methods: differentiation, multimodal learning, structure, feedback, collaborative learning, mindfulness
- Learning materials: clear language, visual aids, technology use, practical materials
- Learning environment: accessibility, flexible spaces, alternative methods, sense of community
- Role of teachers and counselors: empathy, ongoing dialogue, professional development, sharing best practices
- Good practices: realistic goals, VR technology, small group support, student-centered teaching, mentoring
- Summary and **recommendations** for improving support systems